

Melksham Wellbeing Group
07.08.2017

Attendees:	Pat Aves, Amanda Brookes, Chris Pickett, Martin Elson, Tracey Manners, John Truss, Sue Brown, Martin Pain, Karen Spence, Rhys Schell
Apologies:	Helen Henderson
Feedback/ recap on last years grants	Melksham Seniors Community Day (Martin Pain) – The event took place in April with over 600 registered attendees and 41 stall holders. A huge success which showcased the extent of activities available for Melksham residents. The seniors will be looking to turn this into an annual event.
	Melksham Leg Club (Amanda Brookes) – The club launched in April and within 3 months they are now treating approximately 35 patients each week. Volunteers are greatly helping the smooth running of the service, however, more are required. Action: outline of the volunteer requirement to be circulated so members can help promote this opportunity. The carers café has also launched which is organised by the patient reference group from Spa and the falls clinic has also started. There is an open invitation to Wellbeing Group members to attend one of the sessions on a Thursday morning. Ruth Randall or Sarah Coombes are the contacts.
	West Wilts Multi Faith Forum (Pat Aves) – 17 ladies from the forum visited Bowood Gardens earlier in the summer and the feedback was very positive. They used public transportation and met with representatives from the venue who showed them around. The reports back (and photos) were very encouraging and another trip is planned for the future.
Recap of Melksham priorities	Brief recap of the agreed local priorities and that all grants should look to tackle the highlighted issues. Health, wellbeing and leisure 1. Mental health and wellbeing – 70% 2. Promoting healthy lifestyles – 65% 3. Support for carers – 61% Older people 1. Social isolation and loneliness – 74% 2. Support for carers – 62% 3. Promoting healthy and active lifestyles – 57%
Potential new project ideas	John Truss, Age UK – 11 toe nail cutting services taking place across county with 1 already taking place at Kestrel Court in Bowerhill. This service runs for one morning per month. Demand exceeds the available slots and there are issues with transportation to the current location. Discussions around a suitable town centre venue that could be used all day have stalled. Once resolved, Age UK would like to request support funding for start-up costs with exact amounts TBC. Action: Martin to speak with Selwood Housing re: use of rooms at Thornbank and feedback to John and Tracey. Action: John/ Tracey to submit funding application to the group.
	Amanda Brookes, BOA and Melksham Health Partnership – given the success of the services at the Spencer’s Social club on a Thursday, the health partnership are looking to add a Strength and Balance class. This has worked very effectively in

	<p>BOA and there is a known demand for the service. There is already a class at Christie Miller, however, more local demand for this service remains. There would be a requirement of approximately £45 subsidy per class needed to keep costs reasonable for participants. This would equate to approximately £2,000 per annum.</p> <p>Action: Amanda to submit funding application form to the group.</p>
	<p>Connie's Colander (https://humanstorytheatre.com/productions-connies-colander/) – a one-off production (during October) that follows the story of the impact that Alzheimer's has on a mother and daughter. This could be shown within Melksham for approximately £500.</p> <p>Action: members to review the link above and feedback on whether they feel this is a good use of our funding.</p>
	<p>Rhys Schell, on behalf of Melksham Family of Churches – an initial idea to expand the free lunch services offered by some of the churches. There was some confusion over the current offer from the churches and their ability to expand such a programme, whilst recognising in theory that this would be an excellent project.</p> <p>Action: Chris and Rhys to speak with Family of Churches contacts to gain further detail.</p>
Other project ideas	<p>Melksham Seniors may request some support funding for the International Older Persons day event proposed for 2nd October. Further detail to be ironed out.</p>
	<p>Interest from the group in supporting carers locally and discussed whether some of the funding could be used to support a 'sitting service'.</p> <p>Action: Rhys to make contact with Carer's Support to discuss.</p>
AOB	<p>Next meeting to be scheduled for September.</p> <p>Action: Rhys to circulate a doodle poll</p>